

SAFRI NEWSLETTER - May. 2013

Distance learning programme

Distance Learning Programme:

The 2013 Fellows joined the 2012 Fellows on the 29 April with Module 2.2 “*Understanding and managing self*”

We welcome the new Fellows to the distance learning programme under the very capable guidance of Julia Blitz.

Trying to keep up with the work and TMA’s is challenging at times but hopefully it will be interesting and well worth the effort in the end.

Please let Julia or Dot know if you are facing any difficulties.



*2012 & 2013
Fellows*

Inside this issue:

<i>Distance Learning</i>	1
<i>SAFRI Session 1 and 3</i>	1
<i>SAFRI Session 1 & 3</i>	2
<i>SAAHE 2013</i>	2
<i>SAFRI News Items</i>	3
<i>SAFRI News Items</i>	4
<i>SAFRI News Items</i>	5
<i>SAFRI contact details</i>	6

SESSION 1 and 3 IN CAPE TOWN

SAFRI Sessions 1 and 3 in Cape Town

We welcomed 16 new Fellows to the SAFRI programme for Session 1 which started on the 27 Feb at the Newlands Southern Sun Hotel in Cape Town. The 2012 Fellows joined us on the 3rd March for Session 3. Poster Day on the 4th March was a highlight for many and a wonderful opportunity for the 1st Years to see what was install for them and also it was an opportunity for the 2nd Years to present their work to an appreciative audience who could also add value and ideas for change before going on to the SAAHE Conference in June.

It was wonderful to finally put the faces to the names with whom we had corresponded with over the previous months. At the end of Session 1 and 3 it was evident that great friendships and future collaborations had been forged and everyone left feeling that SAFRI had been a very stimulating and worth-while experience.

Our best wishes go to the 2012 Fellows for SAAHE in June!

**Fellows from 2012 & 2013
plus all Faculty present at
the March 2013 Sessions**



Special points of interest:

- Distance Learning program continues
- SAFRI Sessions 1 and 3
- SAAHE 2013
- SAFRI Fellows awards at publications
- Important news items from Fellows past and present



SAFRI - Session 1 & 3 in Cape Town (Special moments and highlights)

SAFRI Session 1: 27 February to 5 March

Impression of session 1 by Rainy Dube

I did not know what to expect when I went to the SAFRI workshop. It reminded me a little bit like when I went to boarding school. Will I be wearing the right clothes? So I asked Dot for the weather forecast and dress code for the workshop. Aaaaawww....Dot, what an angel. She was like this from the beginning of email correspondence, to the moment we met. But like a typical doctor, I still went ahead and followed my instinct. I packed clothes for both summer and winter (because the weather always acts up in Cape Town). Then off I trekked to the Cape, for the participation in the "Tiger mum reality show". The 1st 2 days were the hardest. By the 1st day lunchtime we were already falling all over each other figuratively and literally, during the "crossing the river" exercise. By the end of three days there were people that were telling me "no way you are an introvert", because we all behaved as if we had known each other for days. And by day 5 we were like a family indeed. A family with many different characters. There was the funny uncle with many tales to tell; then we had the sweet one who looked quiet but yet was so witty, not to mention we had a few poets and artists. By the end of seven days we had a name for our class, formed during a teatime session. A lot of fun and laughter was also shared with our mentors. When the class of 2012 arrived, we realised-there was a lot of potential for growth in our group! We ended up on the last day tearfully saying goodbye to new friends from near and far...promising to send BBM's and encouraging emails. And as in the spirit of SAFRI, we have indeed kept our promises and are full of energy and believe we can indeed be "*change agents*" in our institutions.

Hard at work in one of the sessions



Hard at play crossing the "river"



2013 SAFRI Fellows

SAFRI POSTER DAY & Session 3: 3 - 7 March

SAFRI 2013 Session 3 and Poster Day: by Mpho Mogodie

When we first got admitted to the SAFRI 2012 Fellowship, there was this hype about SAFRI being an experience like none other in Health Professions' Education. While welcoming us virtually in the listserv, one of the previous years' fellows said something like ... "*like the others it was a (life) changing experience for me too...*" I just could not imagine what they all meant at the time.

In March 2012, I was blown away by the high quality of posters that the SAFRI 2011 fellows presented so confidently. I kept wondering if that was something we the SAFRI 2012 fellows could live up to. ... The journey to March 2013 was upon us sooner than I had expected and most of us were back at Cape Town to attend session 3.

This time around we felt empowered enough to be giving the 2013 fellows ***tips, tricks and traps*** guidance. The highlight of this session was the long anticipated poster day: ... 2012 Fellows showcased their year's work compressed into max. 90 by 150 centimeters posters. As usual, presentation of the posters was not threatening and feedback obtained from those attending added positively to our empowerment.

Session 3 continued to be a transformative experience with all the planning and sessions designed in such a way as to model the different delivery methodologies of all the information that was being imparted. There was so much caring and appreciation of each other in the air as we had just lost one of our faculty members and we were all so reminded of the importance of taking time to appreciate each other. SAFRI 2012 fellows' session 3 concluded with an intimate session with Tiger Mum and Mama Bear and other SAFRI faculty where all we did was appreciate each other. I now understand what Farai meant when he said ... "*like the others it was a (life) changing experience for me too...*" Thank you SAFRI ...

Introductions and instructions on Poster Day



Back to work for 2012 Fellows in Session 3



SAFRI Class of 2012

SAAHE - 2013

(University of KwaZulu-Natal)



Gateway Hotel - Gateway, DURBAN

The SAAHE Conference in 2013 hosted by the University of KwaZulu-Natal will take place from the **27—29 June 2013** at the Gateway Hotel Conference facilities

More information on the conference: <http://www.saahe2013.ukzn.ac.za>

A special highlight at SAAHE 2013 is the collaboration with the Sub-Saharan African FAIMER Regional Institute (SAFRI).

SAFRI will be celebrating its 5th year of building medical education and research capacity in Africa. This momentous occasion will be celebrated at the conference on Saturday evening 29th June at 19h30 when SAFRI members and special guests will enjoy a time to reminisce over dinner together.

SAAHE Guest Speakers



Prof Stewart Mennin, developed and taught the Medical Education Scholars program (1999-2004). He is an International Faculty member of FAIMER. In 2012, he created an online leadership course for AMEE-ESME. He is a faculty advisor for the Young Medical Educators Group for AMEE and a member of the AMEE Research in Medical Education Committee. In 2010, in collaboration with the Secretary of Health, the Federal District of Brasilia, Brazil, the University of Maastricht School of Health Professions Education (SHE) and the Escola Superior de Ciencias da Saude, Professor Mennin opened the Maastricht Masters in health Professions Education Course in Brazil. Prof Mennin currently serves on the Editorial Boards of Medical Education and Medical Teacher and is a member of the Advisory Boards of the international Association of medical Science Educators and the Journal of Family and community Medicine in Saudi Arabia.



Prof David Serwadda, infectious disease epidemiologist, Professor and Director of the Institute of public Health at Makerere University in Kampala. Has worked continuously on HIV-related research and prevention since the mid-1980's and is the Ugandan principal investigator on the ongoing NIH-funded "Trial of Male Circumcision for HIV Prevention". He has been instrumental in the scientific design and management of the project, providing critical liaison between the project, the local community, Ugandan political and policy decision makers, the Ugandan Ministry of Health and the international agencies including UNAIDS, WHO, and the World Bank.



Prof Rita Sood, is a professor of Internal Medicine at the All India Institute of Medical Sciences, New Delhi. She has been actively involved with national bodies in her country and with WHO on issues pertaining to medical education. She was a fellow of FAIMER Institute, Philadelphia and is a faculty member for all three regional FAIMER institutes in India. She is the President elect (2012-15) of the South-East Asian Regional Association for Medical Education (SEARAME).



Prof John Norcini, became FAIMER's first President and Chief Executive officer in May 2002. Dr. Norcini's principal academic interest is the assessment of physician performance, and testing professional competence. His research also focuses on physician migration and workforce issues, as well as the impact of international medical graduates on the U.S. health care system. Dr. Norcini serves on the editorial boards of five peer-reviewed journals in measurement and medical education, has lectured and taught in dozens of countries, and has published extensively.

SAFRI NEWS ITEMS:

SAFRI is proud to include the following important news items received from Faculty and Fellows.

Please keep your news items coming in, so they can be included in our Newsletters.

Invitations:

Milly Kabanga (SAFRI 2011 Fellow) Uganda

Milly has been invited to give a keynote address at the Transforming Health Professionals' Education Conference, 12—14 June 2013, in Nairobi, which is being organized by the Eastern Africa health Professions' Educators Association (EAHPEA), specifically focussing on "Inter-professional and Trans-professional - How to learn with and from other professionals"

Also, Milly has announced that on the 16 May 2013 the Human Resource Information System (HRIS) for the Ministry will be launched and piloted in the Mulago Health College.

Well done Milly and best wishes for a successful launch of the HRIS and visit to the conference in Nairobi!

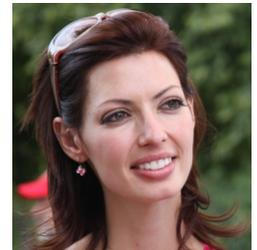


Ellenore Meyer (SAFRI 2011 Fellow)

Ellenore has been invited to speak at the 2nd International Congress of Gynaecology and Obstetrics Conference in Dalian, China from 12—14 October 2013.

Her invitation comes as a result of her recent article being published in the AJHPE Journal.

The title of her article is: *"Perceptions of female medical students on gender equality gains at a local university"*.



Appointments:

Mike Kagawa (SAFRI 2011 Fellow) Uganda

Mike who is a lecturer in the Dept. of Obstetrics and Gynaecology at Makerere University in Uganda was recently appointed as Director of Postgraduate Studies in his Department. He feels this platform will enable him to make an even bigger contribution to the training of other medical workers.

Congratulations Mike! SAFRI is proud of you.



Gonzaga Mubuuke (SAFRI 2009 Fellow) Uganda

Mubuuke has won an International scholarship from Cardiff University and is currently pursuing his Masters Degree in Medical Imaging at Cardiff University, in the UK. He says that due to his previous experience in Health Professions Education, and partly due to SAFRI, he was selected as a postgraduate student representative to the University Senate of Cardiff University for 2012/2013 to act as a bridge between postgraduates and the University and to air views on matters of teaching, learning, assessment and quality assurance.

SAFRI will appreciate more feedback on your experiences in Cardiff Mubuuke!



Christian C. Ezeala (SAFRI 2008 Fellows) Fiji Islands

Christian has recently been appointed Associate Dean (Research) in the College of Medicine, Nursing, and Health Sciences, at the Fiji National University.

Christian was one of the first Fellows to join SAFRI and it is wonderful to be able to follow his growth and keep in touch via the email and listserv.

Thank you Christian for sending in this exciting news and for keeping us updated.



Conference submissions - Abstracts accepted at AMEE

SAFRI is proud to announce that the following 2012 Fellows have been successful in having their abstracts accepted for the AMEE Conference later this year.

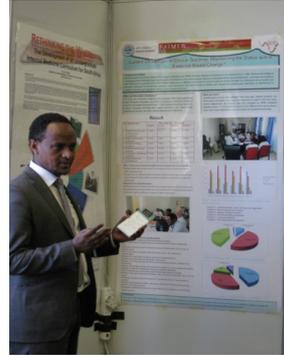
This is a wonderful achievement and we wish each of them a very successful visit to AMEE and lots of opportunity to gain additional experience and knowledge.



Abigail Dreyer



Mpho Mogodi



**Zerihun
Gebremichael**



Anthea Rhoda



Hannes Coetser

Julia Blitz (SAFRI Faculty)

Julia will also be presenting at the Faculty Development Conference in Prague and later a paper at AMEE Conference as well.

Well done Julia, AMEE is going to be well supported by SAFRI members!



Awards:

Juanita Bezuidenhout (SAFRI Faculty)

Juanita received the NHLS Regional Excellence Award (category: pathologists) in March 2013.

She will also be presenting at the Faculty development conference in Prague, which precedes AMEE.

At AMEE she will be presenting an in-conference workshop on postgraduate supervision together with Susan van Schalkwyk.

Congratulations Juanita on all three areas!



Publications:

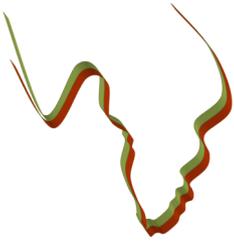
Lianne Keiller (SAFRI 2012 Fellow)

Lianne recently had an article published in the South African Journal of Physiotherapy. This article is co-authored with Alwyn Louw (SAFRI 2008 Fellow)

Title: *Approaches toward learning in Physiotherapy SA Journal of Physiotherapy, 69(1)*

Great SAFRI collaboration!





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Editor of Newsletter
Dot Bransby

In 2005 the FAIMER programme was expanded to developing countries by setting up regional institutes, 3 in India, 1 in Brazil and 1 in South Africa, based on the USA model, but tailored to the unique local needs of the host country/region.

The sub Saharan Africa FAIMER Regional Institute (SAFRI) programme is presented by the SAFRI voluntary membership association in Africa in cooperation with FAIMER. It aims to improve the quality of health care of sub Saharan Africa communities by improving health professions education.

To date there are fellows from South Africa, Sudan, Zimbabwe, Nigeria, Uganda, Zambia, Madagascar, Botswana, Ethiopia, Rwanda and Tanzania.

A Poem by Milly Morkel - 2013 Fellow (Namibia)

Milly came to her first session in Cape Town in Feb/March 2013. Although she has a quiet and shy manner, she managed to touch a number of her fellow Safrians by producing the poem below at one of the sessions in March. I think it illustrated her deep commitment to making a difference to the country in which she lives.

Thank you Milly for sharing this sensitive and thought provoking poem with the rest of us!



NAMIBIA - HEALTH FOR ALL

I want to change Namibia
land of the brave
health for her people
this side of the grave
young and old
.....our gold

I want to change Namibia
land of the brave

I want to change Namibia
land of the brave
emergency care for her people
death no more her slave
fat and thin
.....all in

I want to change Namibia
land of the brave